



How Much Should You Feed Your Cat

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There's a lot to consider — and one excellent solution.

Sleeping 15 hours a day can work up such an appetite. Many pet owners wonder just how much they should be feeding their felines to keep them content. The answer depends on a variety of factors, including your cat's age, current weight, activity level and whether they're pregnant or nursing.

So how much should I be feeding my cat?

The average cat weighs around 8 pounds. According to some animal medical experts, a healthy, active 8-pound adult cat requires about 25 calories per pound per day. So, the

average 8-pound cat requires about 200 calories per day.

This means you should follow these guidelines* when serving up [SHEBA® PERFECT PORTIONS™](#) meals:

- Feed adult cats three to four servings per 5 pounds of their ideal body weight daily.
- Feed pregnant and nursing cats two to three times their normal amount. (They're eating for a litter, after all.)
- Feed a kitten four to seven servings daily.

*These feeding guidelines apply only to SHEBA® PERFECT PORTIONS™ Premium Pâtés, Cuts in Gravy and Garden Medleys meals. Different cat foods have different nutritional values, so always check the packaging for feeding guidelines.

Feeding tips for your cat

When planning your cat's menu, keep these tips in mind:



Feed for your cat's ideal body condition

No two cats are born equal. Some breeds are extra-large, while others are naturally petite. Feed your cat an amount of food that helps them maintain their svelte figure, whether they're a beautifully burly Maine coon or a more slender Siamese. Your vet can help you determine exactly what your cat's ideal weight should be based on their breed and age.

If your cat has been packing on the ounces, scale back the amount of food a touch until they reach their ideal weight.



Remember: Quality over quantity

What you feed your cat also affects how much you need to feed them. Healthy, nutrient-rich foods made with premium ingredients — like those offered in [SHEBA® products](#) — provide the optimal amounts of protein, vitamins and minerals your cat needs. They already know they deserve the best; that's why you serve SHEBA®.



Serve a tapas bar, not a buffet

Cats aren't picky eaters; they simply have sophisticated palates. They prefer a variety of flavors in smaller servings, which is why they nibble throughout the day. Second brunch anyone?



SHEBA® PERFECT PORTIONS™ meals are, well, the

ideal solution

[SHEBA® PERFECT PORTIONS™](#) single-serving meals are aptly named because they come in ideally measured containers, so you know exactly how much you're feeding them. The single-serve packets allow you to treat your cat to food that's fresh every time. So feel free to mix up the menu! [Salmon for breakfast? Chicken for dinner?](#) No complaints here. In other words, [SHEBA® PERFECT PORTIONS™](#) are the preferred way cats like to eat. No mess, no guess, nothing being sent back to the kitchen from the dining room.

Bon appétit!

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